Instructions: Read each question and write the letter of the correct choice on the Attestation & Answer sheet. A score of 80% or higher is required to receive credit for this training (8 correct answers).

1. Person-centered planning aims to achieve all of the following, except:
   a) Fit the individual into existing support programs
   b) Build a Circle of Support around the individual
   c) Empower individuals with choice and community inclusion
   d) Focus on an individual's gifts and abilities

2. Person-centered planning relies on the authority of service professionals to form support plans.
   a) True
   b) False

3. Which of the following person-centered thinking tools acts as a quick reference guide for sharing information about an individual?
   a) Good day/Bad day
   b) Important to/Important for
   c) Communication Chart
   d) One-page profile

4. A communication chart can be used to describe behaviors an individual may use to send messages to others.
   a) True
   b) False

5. Which of the following thinking tools would be best to use when evaluating a support plan currently in place?
   a) One-Page Profile
   b) Relationship Circle
   c) Matching Support Professionals
   d) What is Working/What is not?

6. Essential Lifestyle Planning focuses on an individual's future.
   a) True
   b) False

7. Which person-centered planning approach works by building a tension between the individual's current reality and their dream for their future?
   a) Personal Futures Planning
   b) Essential Lifestyle Planning
   c) Planning Alternative Tomorrows with Hope (PATH)
   d) Making Action Plans (MAPS)

8. An important role of the Direct Support Professional in person-centered planning is learning to listen to the individual and acting as their advocate.
   a) True
   b) False

9. When facilitating a person-centered planning meeting it is important the individual approves of the content that is used.
   a) True
   b) False

10. Which of the following qualities is important in those who form an individual's Circle of Support?
    a) Committed to the individual
    b) Invested in the individual's future
    c) Shares opinions and values with the individual
    d) All of the above